

La Clínica's *All That Jazz (& Sushi!)* Event

This year's *All That Jazz (& Sushi!)* Annual Benefit event was a great success! The jazz club was filled with over 250 guests. We kicked off the night with exquisite cuisine, including a variety of sushi rolls, fresh sashimi and a sumptuous chocolate fountain. Donors and friends of La Clínica enjoyed the food and the complimentary open bar while socializing with other supporters.

Shortly thereafter, guests entered the jazz club and received a warm welcome from our CEO, Jane García, followed by the acknowledgement of our event sponsors. Guests joined a competitive live auction where they bid for exclusive dream getaways, a sailing extravaganza, an adventure in the windy city and other exciting packages. The room filled with high energy as guests competed to win one of the many hot items.

Subsequently, event guests enjoyed a short introductory video of La Clínica's HIV Services Program. By creating awareness of the disease and educating the community on how to prevent the transmission of HIV, La Clínica has been working hard to reduce the impact of AIDS. With the support of generous donors, La Clínica netted over \$55,000 for the HIV Services Program. La Clínica hopes to be a small part of a larger solution. The evening came to an end with a live jazz performance by award-winning jazz pianist and composer, Geri Allen.

We would like to thank our sponsors for their support of *All That Jazz (& Sushi!)*: Alta Bates Summit Medical Center, California HealthCare Foundation, Delta Dental, Genentech, John Muir Health, Kaiser Permanente, Natixis Global Associates, Quest Diagnostics, Sutter Health and Union Bank.

Thanks to the significant contributions made by our sponsors and other supporters, La Clínica will strengthen the HIV Services program in the following areas: Prevention Services, Clinical Management, and Behavioral Health.



Photos from *All That Jazz!* 2010



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Message from the Chief Executive Officer



Jane García, CEO

This year brought many exciting opportunities for growth in areas with great need. John Muir/Mt. Diablo Community Health Fund (CHF) launched 'Healthy Life, Healthy Teeth' as part of La Clínica's Dental Health Initiative in Contra Costa County. They've contributed \$552,000 to address the lack of access to quality oral health care for low-income, uninsured pregnant mothers, children ages 3-5, school age children from kindergarten through fifth grade,

and seniors who have lost their dental insurance under Denti-Cal. Thanks to this partnership, we are able to bring these critical services to the community and focus on preventive dental interventions, including early and routine screenings and care. These services are not only cost-effective in reducing the burden associated with the cost of dental care for pregnant women, children and seniors alike, but they also play a key role in assisting the prevention of oral health disease.

We are also expanding our Behavioral Health Integration Program (BHIP) to Vallejo Medical and North Vallejo. The goal of this program is to support and assist our patients as they receive mental health services. Many times, a primary care physician may recommend a patient for mental health services, but the patient does not seek mental health treatment. BHIP allows for a primary care provider to call in a behavioral medicine specialist while meeting with a patient. With funding from Solano County, both clinical sites hope to provide behavioral health screenings, consultations with a behavioral medicine specialist, counseling services and case management services to 3,700 patients over the course of three years. We will also offer group classes which will be formed based on need in the community. This exciting project kicked off last month!

Along with these exciting projects, we hope to continue filling the health care needs of the communities we serve through continued support from foundations, donors and contributors.



The Start of HIV Services at La Clínica

In 1993, La Clínica was introduced to Thomasa, our first patient diagnosed with AIDS. She received medical services during her pregnancy and she was fortunate to deliver her baby free of infection. However, her infection was well advanced. The life-saving regimens we use today were not available to Thomasa early enough in her disease. La Clínica staff took care of Thomasa and did what was common practice for HIV care at that time, which was to treat illnesses as they presented themselves. Thomasa went on to live almost 8 years after her son's birth, when the average survival for AIDS at the time was 2-3 years.

At La Clínica, we consider Thomasa to be the foundation of our HIV care. Having Thomasa at the clinic helped us understand the disease and give HIV a human face. The treatment of HIV has taken enormous strides over the past 15 years, and the advances in treatment, as they become publicly known, have also made patients more willing to be tested and treated. We have made a lot of progress in destigmatizing the disease. Now most of our patients live normal lives, with their virus completely suppressed if not quite absent from their body.

Over the years, we have built capacity to provide comprehensive services as well as education and outreach to the community. Currently we provide HIV/AIDS patients with numerous services, including mental health, nutrition, laboratory, pharmacy, dental, optical, and of course, health education. By creating awareness of the disease and educating the community on how to prevent the transmission of HIV, there is much that can be done to reduce the impact of AIDS. Our goal is to prevent new infections, provide individuals living with HIV with critical services and have a positive, visible impact on HIV.

Mission Statement

To improve the quality of life of the diverse communities we serve by providing culturally appropriate, high quality, and accessible health care for all.

La Clínica to Expand Women's Services in Alameda County

Over the last few years, La Clínica has experienced a spike in demand for women's services. Despite the efficiency of the staff, La Clínica's Alameda sites reached maximum capacity at 68 deliveries per month and had to start referring patients to other local agencies.

To combat this problem, La Clínica's San Antonio Neighborhood Health Center recently completed its renovation campaign for gynecology equipment to support women's services at that site. This funding was used to buy a hysteroscope (a device used to look inside of the uterus and treat abnormal bleeding and other medical problems) and urodynamics equipment, which allows our doctors to evaluate and treat urinary incontinence in women.

A group of clinic managers, associate medical directors and the Office of the Medical Director evaluated the current clinic capacity and surveyed the various departments that would be impacted by growth in pre-natal and infant care. This was done to determine whether departments such as pediatrics, social services, nutrition, laboratory and billing and registration had the ability to handle an increase in services. The interdisciplinary group determined that the increase was sustainable and our expansion was approved. Three new OB-GYN positions were opened as well as positions for RNs, LVNs, social workers and others.

With new additions to our staffing, we will be bringing sophisticated and cutting edge OB-GYN services to our community, including pediatric and adolescent gynecology. Now we will no longer have to refer patients to the hospital or a private practice. In addition, we will partner with Asian Health Services to help serve their patients who are in need of specialty care. We will be providing services that even some private practices do not offer. Our current services include reproduction and sexual health, family planning, STD detection and treatment, breast health, breast feeding education and support, nutrition assessment and health education, preconception counseling, pre-natal care, prenatal classes, menopause, osteoporosis, pap smears and much more.

The expansion will allow us to increase the number of deliveries in Alameda County by 46%, for a total average of 90 babies per month. In addition, we already have a robust program in Vallejo, where we deliver an average of 100 babies per month, and an average of 10 deliveries per month in Contra Costa County.

In addition to offering these services in Spanish, English and Cantonese, we are now also serving our communities in Mandarin. Our priority is to deliver our services in our patients' native language as much as possible. We prioritize increasing our own cultural and language competency to better serve our patients.



“Our new equipment and increase in staffing capacity will allow us to expand our current scope of practice and forge stronger partnerships with other community agencies to create a more comprehensive and seamless service for our communities.”

— Susana Praver, Clinic Manager



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Giving Paves the Way for Change

As we approach the end of yet another successful year, La Clínica would like to thank and acknowledge all of the partners and supporters who have made our work possible. Earlier this year, the Association of Fundraising Professionals held their annual conference in Baltimore, MD where attendees were given the opportunity to hear world renowned speaker and activist **Archbishop Desmond Tutu**. He highlighted the rare opportunity that we have in giving. According to Bishop Tutu, “the opposite of selfishness is philanthropy.” In his eyes, **“responsible philanthropy will help to change institutional injustice.”**

Here at La Clínica, we take these concepts to heart every day as we work to continue reaching out to the underserved members of our communities. During this time of year it seems prudent to reflect on his impassioned and inspired words; understanding that we are all given a chance to play an important role in building strong communities. Without the support and outpouring of compassion that comes from our friends and donors, La Clínica would be unable to continue producing the high quality care that we have provided for the last 40 years. We look forward to another 40 years full of change and improvement in the world of public health and our community as a whole.