



NewsRelease

For Immediate Release
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Join La Clínica in the Battle against Childhood Obesity *Join us in an effort to expand health services to 6,000 children at 6 clinic sites*

OAKLAND, CA – La Clínica, the largest community health center in the Bay Area, is thrilled to partner with Yoshi's of Jack London Square, the East Bay's social and cultural nexus, in a joint effort to tackle childhood obesity. The event will take place on Saturday, September 26th, starting at 6:30pm. Proceeds from this year's benefit will support La Clínica's Childhood Obesity Program.

Although rare in the past, obesity is now among the most widespread medical problems affecting children and adolescents in the United States. Nationwide, 16 percent of children are obese. California has the fifth largest prevalence of obesity among children between the ages of 2-5. And in Alameda County, 30 percent of children between the ages of 2-5 are overweight.

At La Clínica, 1/3 of all patients that are preschool or school age, are overweight or obese. "Now we're seeing more children at much younger ages, that are at risk for diseases like diabetes type 2, hypertension, high cholesterol, cardiovascular disease, and stroke," said Marlene Rodriguez, Pediatrician at La Clínica.

"As obesity rates continue to increase, we will continue to fight beside the many families that are facing this problem. The spectacular evening is a great opportunity to collaboratively support this vital health care need. With help from our generous donors and supporters, our goal is to expand services to 6,000 children at 6 clinical sites," said Jane Garcia, CEO of La Clínica.

For more information regarding All That Jazz, visit the "Events" section of our website or contact Andrew Bowles at abowles@laclinica.org or by phone at (510) 535-2912. *Media interviews and photo opportunities will be available from 6:30 pm to 8:15 pm.*

The mission of La Clínica is to improve the quality of life of the diverse communities we serve by providing culturally appropriate, high quality and accessible health care for all. Our 25 clinical sites are located in Alameda County, Solano County and Contra Costa County. For more information about La Clínica please visit us at www.laclinica.org.

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